

HUNGER ACTION MONTH

SEPTEMBER 2024



FOOD BANK

of Contra Costa & Solano

30 DAYS OF ACTION!

Sunday

1
Visit our website and check out the Hunger Action Month tool kit.

Monday

2
LABOR DAY
Like us on social media!

@foodbankccs



Tuesday

3
Share this calendar on social media and tag us!

@foodbankccs



Wednesday

4
Visit our website and sign up for e-news.
Stay connected all year long!

Thursday

5
Visit our website and order your official HAM gear!



Friday

6
NATIONAL FOOD BANK DAY
Celebrate today by making a matching gift!

MATCHING GIFT FRIDAY!

Saturday

7
Visit a farmers market and support your local growers.

8
GRANDPARENTS DAY
Make & share a meal with a grandparent

9
Attend a Food Bank event: Register for Empty Bowls.



10
Volunteer! Sign up for a highlighted opportunity.



11
Visit our website and check out the Find Food Map.



12
Schedule a tour of the Food Bank



13
Clean out your pantry and donate unwanted, non-perishable food.

14
Serve a meal at a local shelter or community kitchen.



15
Contact the Food Bank about planned giving.



16
Start a virtual food drive and invite your friends, family and coworkers to donate.

17
Volunteer! Sign up for a warehouse shift in Concord.



18
Host a PB&J drive in your neighborhood and donate what you collect.

19
Volunteer! Sign up for Family Sort Day.



20
Visit our recipe page and make a healthy, budget-friendly meal.

21
Visit a business that is supporting the Food Bank with a food donation barrel.

22
Watch a documentary about food insecurity in the US.



23
Take your lunch to work today and donate \$15 to the Food Bank!

24
Volunteer! Sign up for a warehouse shift in Fairfield.



25
Get in the conversation! Visit the advocacy page on our website



26
Learn about reducing food waste and composting

27
Last weekend to help us meet our match!

MATCHING GIFT FRIDAY!

28
GOOD NEIGHBOR DAY
Do something nice for your neighbors



29
Pay it forward: Buy the person behind you in line their coffee.



30
Celebrate your efforts this month as a Hunger Fighter!



Match Your Gift Here



DONATIONS (UP TO \$45K!) MATCHED BY



Sign up for weekly **Hunger Action Hero** special missions delivered to your inbox



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foodbankccs.org/hungeractionmonth

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