



Let's Fight Hunger, Together!

Most needed food*:

- Peanut butter Canned tuna and chicken (in water)
- Canned soups/vegetables/tomato products (low sodium, easy open)
- Nonperishable ready-to-eat meals (chili, ravioli, etc.)
- Boxed macaroni and cheese Canned fruits (in juice)
- Shelf stable milk Whole grain cereals/crackers
- Rice Applesauce Beans/lentils (dry or canned)
- Whole wheat/grain pasta
- 100% fruit juice (cartons or small boxes only)

*NO GLASS or EXPIRED FOOD

