

# Need Help Paying for Groceries?

**You may be eligible for CalFresh!**

CalFresh is a nutrition benefit that can easily be used at most grocery stores, neighborhood stores, farmer's markets and online at Amazon and Walmart.



The friendly staff at the Food Bank are here to answer your questions and help you complete the CalFresh application process.



## CalFresh Income Guidelines

October 1, 2024 - September 30, 2025

Household Size	Gross Monthly Income Limit
1	\$2,510
2	\$3,408
3	\$4,304
4	\$5,200
5	\$6,098
6	\$6,994

**We can help!**



\* Each additional household member adds \$898.

\*\* Actual eligibility is determined by additional calculations based on income and expenses.

**925-603-3316**  
**foodbankccs.org/calfresh**